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Creative Coding

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Learning Styles

I’ve always been a firm believer in learning styles. I was raised by a therapist mother who believed in them and that no one learning style could fit everyone. I’ve known since middle school that I was a visual learner after a particularly confusing science project that seemed like rocket science with its text wall of instructions. But when the instructions were shown to me it was super simple. I am someone who came to understand that I can’t handle word block instructions without getting overwhelmed. I have found myself being completely lost in lessons that are solely word or auditory based, my brain gets overstimulated and thinks the task is impossible. But when the teacher/instructor takes a second to give a visual demonstration of the projector or lesson, it becomes so clear in my head. Maybe that could be connected to the fact that I have ADHD and anxiety, but even if that were the case I believe that would only demonstrate why learning styles are important. A lot of people will have mental disadvantages and with the way our country’s education is made, those people can suffer needlessly. Not embracing the idea of learning styles at this point in our society seems blatantly harmful for no reason. I also believe that when we try to force the idea that there is only one way to tackle something in life and if you fail that way it’s because you’re stupid. We damage a lot of people by doing that. People could have thrived in the same situation if they had been given more than one option.

**Your Scores:**

* Auditory: 15%
* Visual: 60%
* Tactile: 25%

You are a **Visual** learner! Check out the information below, or [view all of the learning styles](http://www.educationplanner.org/students/self-assessments/learning-styles-styles.shtml).

#### **Visual**

If you are a visual learner, you learn by reading or seeing pictures. You understand and remember things by sight. You can picture what you are learning in your head, and you learn best by using methods that are primarily visual. You like to see what you are learning.

As a visual learner, you are usually neat and clean. You often close your eyes to visualize or remember something, and you will find something to watch if you become bored. You may have difficulty with spoken directions and may be easily distracted by sounds. You are attracted to color and to spoken language (like stories) that is rich in imagery.

Here are some things that visual learners like you can do to learn better:

* Sit near the front of the classroom. (It won't mean you're the teacher's pet!)
* Have your eyesight checked on a regular basis.
* Use flashcards to learn new words.
* Try to visualize things that you hear or things that are read to you.
* Write down key words, ideas, or instructions.
* Draw pictures to help explain new concepts and then explain the pictures.
* Color code things.
* Avoid distractions during study times.

Remember that you need to **see** things, not just hear things, to learn well.